

American University of Beirut Office of the Provost

NEW FACULTY ORIENTATION 2019–20

Ras Beirut Our Neighborhood



Ras Beirut, our neighborhood, is known for its diversity and vitality, two characteristics that the AUB Neighborhood Initiative aims to promote and protect through innovative outreach activities and interdisciplinary research.

In Ras Beirut, contradictions reign supreme. Behind the modern luxurious towers, we can still walk in hidden alleys and discover beautiful village-like areas with old houses and wild gardens. Next to the security guards at the entrance of a new building, we can still find people who will invite you - even a total stranger - to join them for a cup of coffee and a game of backgammon. The deafening noise of the electricity generators, the horrible traffic, and the eternally honking cars are offset by birdsong. Fragrant jasmine, orange blossom and bougainvillea bloom in the scattered gardens, often belonging to heritage buildings threatened by demolition due to real estate speculation. Alongside supermarket chains, we can still find family businesses established by great grandfathers in shops that bear witness to times gone by. In Ras Beirut, we can come across unforgettable characters and unexpected stories that make our neighborhood a very special place.

Love Thy Neighbor is a popular phrase that still reverberates in the alleyways of Ras Beirut despite its rapid urbanization and ongoing gentrification. You will always find people who will receive you with a smile and go out of their way to help you. Ahlan wa sahlan!

In 2019, the AUB Neighborhood Initiative is celebrating the sea that we are so privileged to enjoy everyday from all around the AUB campus, and the fishermen of Ras Beirut, a community that had a great role in the historical development of the beautiful Ain El Mreisseh area. Thus, the blue color of our booklet!

The list in this booklet, with the online map on **our website**, is our way to help you navigate the neighborhood, get to know its hidden gems, and discover its beautiful heritage.

Mona El Hallak, Director of the AUB Neighborhood Initiative

A. GROCERIES, FOOD AND BEVERAGES

A.1. SUPERMARKETS

A.1.1 **Al-Fakhani** | Sadat St. 01-736673

A bakery/supermarket that offers fresh baguette all day long, sandwiches, desserts, and even a range of Lebanese mezzes. They just opened a fresh vegetable section. They have a relatively good delivery service.

A.1.2 **AM.PM** | Jeanne d'Arc St. 01-370646 Supermarket. Opens and delivers 24/7.

A.1.3 **Aziz Delicatessen** | Fakhreddine St. 01-358000

www.azizdelicatesse.com/en/home

On the boundary between our neighborhood and downtown, Aziz has been the place for hard-to-find gourmet items since its creation in 1955. Best international cheeses in Beirut and excellent wine selection.

A.1.4 **COOP** | Makdisi St. 01-342465

The local supermarket chain with basic groceries and products at fair prices.

A.1.5 **Coucou Supermarket** | Kennedy St. 01-360962

This newly opened supermarket offers daily fresh fruits and vegetables, basic food and house supplies, and a variety of imported items. Open Mon - Sat till 10 pm. Delivery service.

A.1.6 **Insomnia** | Clemenceau St. 01-361880 Minimarket. Open 24/7

A.1.7 **Score Market** | Sidani St. 01-344411

Very convenient late hour shopping for basic food, dairy, drinks and cleaning products.

A.1.8 **Spinneys** | Souraty St. 1521

A supermarket chain which has now replaced Idriss Supermarket. Open till 10 pm.

A.1.9 **Urban Market** | Ibn Sina St. 01-366706, 81-815070 A new supermarket in Ain El Mreisseh that offers everything you need. Send them your shopping list through whatsapp and they will deliver the items to your doorstep.

A.2. GROCERY SHOPS/BUTCHERIES/OTHER

- A.2.1 **Edisson Roastry** | Makdisi St. 01-342083, 03-765392 This favored traditional nuts shop also sells sesame brittle and dried fruits.
- A.2.2 **Oussama the Greengrocer** | Antoun Gemayel St. 01-349298 If you can look beyond the shambolic state of this hole-in-the-wall that expands onto the pavement, you will find produce of above average quality at fair prices. Oussama gives special attention to regular customers, many of whom are connected to AUB.
- A.2.3 **Mashawi Abou Abdo** | Sidani St. 01-741778 Since 1950, Abdo, the grandfather, started this tiny butchery where you can buy a variety of chicken, lamb, and beef, as well as have them grilled in sandwiches.
- A.2.4 **Rita's Health Shop** | Cairo St. 01-755447, 03-870227 A nice and cozy store run by the courteous and refined Rita where you can find all natural, organic, macrobiotic, gluten-free products and a range of food supplements.
- A.2.5 Sidani Butchery | Sidani St. 01-740815, 01-740784
 Since 1963, Mustapha and Abdo Sidani have been doing
 business with local hotels and restaurants, and offering
 excellent quality meat and chicken cut, ground or pounded as
 well as homemade soujouk. Polite service and home delivery.
 White awning.
- A.2.6 Walid's fruits and Vegetables | Sadat St. 01-743262, 03-692009
 Since 1982, Walid Nimr and his family have been offering the best fresh fruits and vegetables, always with an amazing display.

A.3. BEVERAGES

- A.3.1 **Kaldi coffee** | Jeanne d'Arc St. 03-583587, 01-750191 Carefully sourced from all over the world, freshly roasted, and delivered right after roasting, Kaldi brings you great coffee. Please use the cigarette butt recycling receptacle outside the shop to dispose of your cigarette butts in an environmental friendly way.
- A.3.2 **Sam's Beverages** | Nehme Jafet St. 03-397170 Hisham (Sam) Mawlawi offers a comprehensive selection of spirits, wines and beers.
- A.3.3 **Spirits and More** | Sidani St. 01-750309, 03-365105 As the name implies, this shop sells liqueur, whiskey, wine, vodka, and tequila.
- A.3.4 **The Liquor Coffee Store** | Makhoul St. 01-743575, 70-041919

Coffee shop by day, liquor store by night, The Liquor Coffee Store thrives on being your favorite neighborhood spot. Conveniently open 24/7, the store acts as a sanctuary for anyone and everyone. Check their amazing sign and its rotating mechanism!

A.4. MARKETS

- A.4.1 **Monday Market** | Intersection of Hamra St. & Mahatma Ghandi St. This parking lot is transformed every Monday to a vibrant market selling all kinds of artisanal designs and products.
- A.4.2 **Souk aal Souk Farmers' Market** | Jeanne d'Arc Street-Sidani Intersection
 A friendly neighborhood market taking place every 2nd Friday of the month where you can find farmers' produce, mouneh, mouth watering manakeesh, the best lemonade in town, fresh organic apple juice, plants, books, accessories and body care products. The event is announced on the AUB events calendar and on the AUB Neighborhood Initiative social media platforms.

A.4.3 **Souk El-Tayyeb** | Gefinor Plaza | www.soukeltayeb.com Wednesday from 11am to 4pm, this open air farmers' market gets installed on Gefinor Plaza with a variety of organic vegetables, fresh seasonal food products, saj-baked manakeesh and freshly squeezed juices. Artisanal hand made crafts include traditional soaps, pottery and blown glass.

B. PATISSERIES, CHOCOLATE AND ICE CREAM

B.1. PATISSERIES AND SWEETS

- B.1.1 Al-Antabli | Leon St. 01-739326 It is a classic place for homemade Lebanese desserts like mughli and riz bi haleeb (rice pudding) and all kinds of juices especially jellab and lemonade.
- B.1.2 Al Baba Sweets | (Off the map) Kraytem highway 01-787178 www.albaba-sweets.com
 One of the best places for Oriental sweets and baklawa pastries with great travel packaging.
- B.1.3 Amal Bohsali | Alfred Nobel St. 01-354400 www.abohsali.com.lb/home One of the first established families in the oriental pastry industry with mouth-watering baklawa and worldwide door to door service by special courier!
- B.1.5 **Gustav** | Nehme Yafet St. 01-747199, 71-499961 www.gustav.ws Chefs Khaled Kara and Noor Ramlawi have created some heavenly cakes, tarts and ice creams or "innovations sucrées" as they like to call them. The shop has a small dining space for eating in.

- B.1.6 **La Cigale** | Nehme Jafet St. 01-344155 Since 1981, they have been serving tasty tarts and cakes alongside their great catering service.
- B.1.7 **Taj Al-Moulouk** | Bliss St. 01-365797 An established oriental sweets shop whose outstanding (and fattening) warm cheese kunafé is served on kaak every morning, and their sesame cookies (barazi') are excellent.

B.2. CHOCOLATE

- B.2.1 **Alpina** | Abdul Aziz St. 01-344846 Though a chocolate shop, they have great seasonal ice cream in pre-packaged cones and squares, and half kilo tubs.
- B.2.2 **Nougatini Chocolatier** | Jeanne d'Arc St. 01-343759 www.nougatini.com
 In their remodelled beautiful sweet boutique, sisters Rima and Karima el-Barrage continue their father's business established in 1968, offering exquisite chocolates, chocolatedipped fruits, marron glacé and marzipan, perfect for gifts.
- B.2.3 **Particulier Chocolatier** | Sidani St. 01-740611 They sell vegan artisanal chocolates and homemade cakes.

B.3. ICE CREAM

- B.3.1 **Bliss House** | Bliss St. 01-366290 They are known for Beirut's historical, soft "Merry Cream" ice cream: chocolate, strawberry, vanilla, or mixed. They also serve yummy milkshakes, fresh fruit juices and cocktails.
- B.3.2 **Booza Society** | El Hussein Street | 81-359842 Authentic artisanal all natural ice cream with surprising flavors you will not find anywhere else, like Turkish coffee, debes, and zaatar. You can visit their lab or have your ice cream delivered.

- B.3.3 **Bouzet Jeddo** | Bliss St. 70-007575 | www.bouzetjeddo.com An ice cream parlor in a traditional 150 year-old house dressed in pink, yellow, purple and blue. The artisanal homemade ice cream follows the closely-kept secret recipes of the owner's late grandfather, Anis Daouk.
- B.3.4 **Hanna Mitri Ice Cream** | (Off the map) Achrafieh, St. Nicolas St. 01-322723

 This little homemade ice cream place, which survived the civil war, was listed by the New York Times as one of the best ice

war, was listed by the New York Times as one of the best ice cream places in the world.

B.3.5 **Oslo** | (Off the map) Kraytem highway, 01-793196

www.osloicecream.com

Beirut's most delicious ice cream using only natural top-grade fruits and ingredients - based in Gemmayze - is now available in Verdun next to Marquet supermarket. Taste their legendry salted caramel and amazing sorbets.

C. EATING AND DINING OUT

C.1. BAKERIES

- C.1.1 **Abdul Aziz Bakery** | Abdul Aziz St. 01-735030 This place is famous for the veggie mankousheh, and opens 24/7.
- C.1.2 **Abou Shady Saj** | Najib Ardati St. 03-684334, 71-212210 Abou Shady is famous for his creative Manakeesh and amazing dough.
- C.1.3 **Baker's Batch.** | 79-196885

Their home baked desserts are perfect for gifts, parties, events, or family gatherings. Because their goods are handcrafted with high-quality ingredients, they normally require between 2 to 4 days to deliver orders. Instagram: @bakersbatchbeirut. Email: bakersbatchbeirut@gmail.com

C.1.4 **Bredna's Bakery** AUB campus. 70-258762

www.brednasbakery.com

Wholesome all natural loaves of bread baked daily by hand with love. Brenda's bread has no chemicals and it truly is hand made with love. You can order your bread by writing to @brednasbakery on Instagram or Facebook, or emailing her at brednasbakery@gmail.com.

C.1.5 **Faysal's Snack** | Bliss St. 01-367281

A great place for manaquesh: oven-baked dough with zaatar mixture, cheese, and other condiments, usually eaten for breakfast. Opposite the Ras Beirut Police Station.

- C.1.6 **Phoenicia Saj** | Phoenicia St. 01-368380, 03 818236 They are well known for their specialty dough and great saj sandwiches, specifically soujuk and cheese.
- C.1.7 Ichkhanian Bakery | Zokak El Blatt 01-375178, 03-216012 Madame Ichkhanian's bakery is located in an old building next to the (German) Orient Institute. She makes the best Armenian meat pizzas (lahm bi-ajine) in Beirut. Try the pomegranate version. Open until 2pm, Tues-Sun.

C.2. SNACKS AND SANDWICHES

next door.

- C.2.1 **Abu Naji Bliss d'Or** | Bliss St. 01-365409 A small market that also offers all types of sandwiches for breakfast or lunch, including vegetarian choices like fries,
- C.2.2 **Bakkar Sandwiches** | Makhoul St. 03-896345 A lovely family run place offering manakish, falafel, lahem bi ajine, baked potatoes and vegetarian sandwiches. They also

cauliflower, chili potatoes, and hummus sandwiches.

have a daily homemade dish which they can deliver.

C.2.3 Bliss House | Bliss St. 01-366290

One of the best shawarma places in town. Great fresh juices

- C.2.4 **Falafel Karim Sahyoun** | Sidani St. 01-347222 Famous for their crunchy falafel, they now have the falafel fatteh which is worth a try.
- C.2.5 **Falafel Tabbara** | Lyon St. 01-350821 This is the oldest and best falafel place in the neighborhood but they close at noon.
- C.2.6 Jars & Co | 03-000918 | http://www.jarsandco.menu/ Jars & Co is a 100% fresh food and healthy kitchen delivery service. They offer breakfast yummies, lunch delights, warm meals and smoothies with fresh ingredients sourced from local farmers while using reusable glass jars and other eco-friendly packaging.

C.3. COFFEE SHOPS

- C.3.3 **Café Rawda** | Manara, 01-743348

 This traditional family place right under the Luna Park by the sea offers the perfect spot to have breakfast with mint tea or drink lemonade and watch the sunset. Children can run around and enjoy their swings and play area.

- C.3.6 HŌM Café | Jeanne d'Arc St. 70-817802 🚱 🔚

 Just off Jeanne d'Arc Street, there is a renovated heritage building with yellow and blue windows housing 16 furnished studios, café and library. Bound by Arabesque tiles and earthy woods, you can have your coffee or meal, work quietly or grab a book off the shelf and read.
- C.3.8 **MedCafe Casper and Gambini's** | Abdul Aziz St. 01-364064

A neat café/restaurant right next to AUBMC and the Saab Medical Library. The salad bar is excellent. AUB IDs get 15% discount.

You can park your bicycle in the first public bicycle parking station in Beirut right outside their door!

- C.3.9 **Paul** | Bliss St. 01-376769 Hop in for great croissants, French breads, pastries and omelets. They serve "American coffee" especially for AUB.
- C.3.10 **Urbanista** | Bliss St. 01-367871 The Bliss sister of a trendy Gemayzeh café, with great working atmosphere. A favorite place for meetings and group celebrations.

C.4. RESTAURANTS

C.4.1 **Abu Hassan** | Salah el Din St. 01-741725 An old school restaurant with casual street type food and authentic Lebanese mezzes.

- C.4.2 **Al Soussi** | (Off the map) Mar Elias, Zaydaniyeh St. 01-312145 Hidden in a dead end in Mar Elias is a place that was voted as CNN's world's best breakfast destination. Prepared with passion by Ahmad and Raji, the hummus, balila, mousabbaha, fatteh and foul are a must try.
- C.4.3 **Appetito Trattoria** | Mahatma Ghandi St. 01-347346 A friendly Italian restaurant with good salads and pastas in a rural Italian ambience.
- C.4.4 **Bagatelle** | Jean d'Arc St. 01-342842 www.bagatellebeirut.com

A charming restaurant serving exquisite Mediterranean cuisine in a renovated 1930's house with a small garden: one of those places where the tree is much bigger than the house!

- C.4.5 **Bayt Em Nazih** | Abdul Baki St. 01-742390 www.hamragardens.com/en/café "Em Nazih" is the cook who diligently prepares the Plat du Jour and entrées her own way; she makes dishes on par with those she was brought up eating at home, those she made to feed her own children.
- C.4.6 **Beit El Hamra** | 81-266060, Baalbeck Street In line with the spirit of Hamra area, Beit El Hamra was established by Souk El Tayeb in a beautiful 1950s yellow villa, outfitted with vintage furniture, swathed in original fabrics and wallpaper, and surrounded by huge Kapok trees: a perfect retreat for visitors seeking a quiet home in the middle of this vibrant neighborhood of Ras Beirut.
- C.4.7 **Blue Note** | Makhoul St. 01-743857 This classic restaurant pub with good daily specials, and great live jazz evenings is a landmark neighborhood place. Their best appetizers are chicken liver in pomegranate molasses and spicy fried feta cheese.

- C.4.8 **Casablanca** | Dar El Mreisseh St. 01-369334 Fusion with an Asian touch in an atmospheric traditional triple arched house overlooking the sea. Great weekend brunch and a high end dining experience. Grilled octopus is a must!
- C.4.9 **Cheikha** | Leon St. 01-351565, 01-351656 **⊘**Big portions, inexpensive take out with quick delivery service. Traditional kebab and chicken sandwiches, kafta arayes and grilled meat platters.
- C.4.10 Dar Bistro and Books | Rome St. 01-373348 🚱 🛅
 In the alley behind Interdesign building in Wardieh, this hidden authentic café is situated in a renovated old house with a lovely garden. They offer light meals and Oslo ice cream in a relaxed atmosphere. Their boutique bookshop has an interesting hand-picked selection.
- C.4.11 **Fiber** | Sidani St. 01-735935 | www.fiberresto.com Great healthy low-fat food and monthly packages planned by their expert dietitian.
- C.4.12 Food District | Jeanne d'Arc St. 01-740005

 www.fooddistrict.me Food District is not just a food venue, they offer a variety

 of culinary experiences influenced by different brands and

 cultures. They offer Asian, Mexican, and international cusine.
- C.4.13 **Gruen Eatery** | Clemenceau St. 01-737344 Named after the modernist architect of the Gefinor center, they offer International cuisine. With owner Amal Zein as your attentive host, it is a great place for a quiet morning coffee, a business lunch, an afternoon tea or an early evening drink. A favorite for weekend brunches. Do not miss their thyme mankousheh.
- C.4.14 **Istambouli** | Baalbeck St. 01-352049, 01-353029
 It is an old school Lebanese restaurant; the decor is not exciting, but the food is solid and it is reminiscent of a different time. It's also quite cheap for an authentic Lebanese meal.

- C.4.15 Jaï | Mexico St. 01-341940, 71-541311 This is the best Asian fusion cuisine in the area, healthy and fragrant with succulent flavors. Founded by Chef Wael Lazkani, Jai is an open delivery kitchen where you can enjoy a meal watching the busy beehive in a space full of fresh aromas.
- C.4.16 **Kabab-ji** | Hamra St. 01-741555, 03-265100, Hotline 1590 **②**They serve good quality kebabs and mezzes. Very popular with AUB faculty, staff and students.
- C.4.17 L'Autre Bistro | Makhoul St. 01-742501 Located in one of the oldest houses in Makhoul, L'Autre combines tradition and trend. Known as the "Mokhtar "house/ office for many generations, the location is a historical landmark in the neighborhood and is deeply rooted in its collective memory. They serve French-Italian dishes in a very cozy and relaxing atmosphere.
- C.4.18 Le Pecheur (Al-Sayyad) | Ain El Mreisseh, 01-374752/3/4 www.alssayad.com A great fish place where you get to sit right at the seaside, pick your fish and have a delicious and pleasant evening. It's on the pricey side but definitely worth it. Try their crispy bizri fish that
- C.4.19 **Malek Al-Foul** | Antoine Gemayel St. 01-341589 This hole-in-the-wall place serves delicious foul and Fatteh, mornings through early afternoon. Eat in or take away.

is placed in a fried bread bowl.

- C.4.20 **Mado Turkish Restaurant** | Hamra St. 01-347734 Affordable Turkish food recommended for its great authentic Turkish ice cream.

- C.4.22 **Mezyan** | Hamra St. 01-740608, 71-293015 before midnight Great tapas/mezze restaurant with specialty dishes like Itch (a great Armenian salad), Halloumi with Carrot, and great Moroccan Tagines in a super casual ambiance.
- C.4.23 **Pescado Mina** | Ain El Mreisseh St. 81-344188 This tiny restaurant with a terrace overlooking the Ain El Mreisseh port was recently opened by the local fishermen. Visit them for fresh fish and seafood meals from the experts. End your meal with a boat tour from the fishermen's port below.
- C.4.24 **Persian Cup** | 76-300278 | www.persiancup-lb.com Iranian chef in Beirut caters homemade authentic Persian dishes for lunches, dinners and private events. Delivery only.
- C.4.26 **Sam's** | Hamra St. 01-348100, 01-747300 Stop at Sam's for quick bites and delicious deserts. Their place is in the middle of the bustling Hamra Street so you won't miss it. Open 24/7 with a mini-market for your late night shopping.
- C.4.27 **Smoking bun** | Abdul Baki St. 71-329393 A small place serving only one kind of juicy burger made to perfection with different toppings, fries and a great dipping sauce, all out of a refurbished garage.
- C.4.28 **Socrate** | Sadat St. 01-846646 Famous for its Lebanese homemade food and catering services, this is a cheery place for lunch, with daily dishes and a mezze-salad bar. Delivery hotline 1530.

- C.4.29 **T-Marbouta** | Hamra St. 01-350274 Funky community gathering place and an activist hub with great food and atmosphere. They have an upstairs lending library and meeting room, and an outdoor seating area. They host events, exhibitions and film screenings.
- C.4.30 **Tasty** | Jeanne d'Arc St. 01-351352 A casual cafe right onto the newly rehabilitated Jeanne d'Arc Street with a variety of dishes and deserts. Oreo cake is recommended.
- C.4.31 **Universal Snack** | Jeanne d'Arc St. 01-365063 **②**This place goes back in time: Students heard about it from their parents. Simple home made food at affordable prices: the mushroom steak and chicken escalope are worth trying.

C.5. BARS

- C.5.1 **Bricks** | Makdisi St. 01-344565 Experiment some of the funkiest cocktails, hip music and good food with a lovely outdoor area.
- C.5.2 **Dany's** | Hamra, 01-383681, 76-997992 A friendly simple neighborhood bar with outdoor seating, the first to open in this popular little alley perpendicular to Hamra.
- C.5.3 **Ferdinand** | Mahatma Ghandi St. 01-355955, 03-882470 A great bar to have a beer with friends and a unique juicy burger with blue berry jam! Creative cocktails and super friendly staff.

D. HOUSEHOLD

D.1 **A&P Chemali Stores** | Souraty St. 01-346958 Wide selection of small household appliances, tableware, candles, cooking pots and utensils, on the expensive side. Owners are charming and helpful.

- D.2 **Abou Hassan Houseware** | Sadat St. Helpful staff in a small jam-packed shop with inexpensive kitchen utensils, glasses, plastic containers, and more.
- D.3 **Beyrouthi Freres** | Mahatma Ghandi St. 01-349411 Lamps and lampshades that are an alternative to expensive ready-made lamps. Mr. Roger Beyrouthi can transform a pot or jug into a beautiful lamp.
- D.4 Chehab Gas Delivery and Installation | Baalbeck St.
 01-742015, 03-882953
 All kinds of gas bottles including camping gaz. Prompt service, maintenance, fair prices.
- D.5 **Domtex** | Abdul Aziz St. 01-345901 A Hamra institution for towels and bed linens. Mrs. Liliane Shamsi and her colleagues offer moderately priced, locally made products, most are pure cotton.
- D.6 **Melki Knitting and Sewing Supplies** | Makdisi St. 01-343709 This 52 year old haberdashery is a veritable Aladdin's cave of buttons, ribbons, thread and sewing accessories.
- D.7 **Metal and Wood** | Rome St. 01-361480/90 Furniture pieces, bold graphic textiles and home goods with a Scandinavian touch.
- D.8 **Moustafa Abdullatif Arakji and Sons** | Manara, 03-838430 Ahmad Arakji runs this family business of basic picture framing and mirrors at good prices.
- D.9 **Reslan Upholstery** | Omar Daouk St. 01-379048, 03-873772 Abdul Hafiz Reslan offers an upholstery service for all types of furniture as well as cushions and bamboo works.
- D.10 **Tabbara Homeline** | Mahatma Ghandi St. 01-739551 A large variety of appliances of different brands at affordable prices.

- D.11 **Tony Naufal's shop** | Ibrahim Abdul Aal St. 03-366445 Tony has a small shop full of all sorts of useful electrical and other household items, and he can get what he doesn't have. Exceptionally friendly. Check out his fun vitrine design by AUB graphic design students.
- D.12 Warde for Curtains and Upholstery | Antoun Gemayel St. 01-748400
 Incredible range of mostly imported fabrics of all ranges. Their Solderie has good bargains.
- D.13 **Xxe Siecle** | Ibrahim Abdul Aal St. 01-742020 www.xxesieclegalerie.com
 Founded by Design enthusiasts and connoisseurs Souheil and Hala Hanna, this is a great showroom for beautiful vintage furniture and art objects by famous Mid-Century designers.

E. FLOWERS AND PLANTS

- E.1 **California Flowers** | Jeanne d'Arc St. 70-868297, 01-343617 A large extended-family flower business stretches on one side of Jeanne d'Arc Street. The corner shop is run by Ibrahim Takkoush, a gentle old man reputed to be a former movie star.
- E.2 **Jacaranda** | Rome St. 01-374466 Layla's shop specializes in artistic arrangements and a wide unusual flower selection.
- E.3 **Violetta Flowers** | Sidani St. 01-353553, 03-414647 Besides flower bouquets, this shop delivers plants, soil and pots to your home.

F. SERVICES

F.1. DRY CLEANING

- F.1.1 Immediate Service Dry cleaning | Makdisi St. 01-347638, 01-347640, 71-719530

 Most up-to-date cleaning machines. You can trust them with your most sensitive pieces.
- F.1.2 **Saeedi Cleaners** | Nehme Jafet St. Laundry manager Ahmad (Abou Tawfiq) Hamdan runs an efficient service at a very reasonable price. Home delivery.

F.2. REPAIRS / OTHER SERVICES

- F.2.1 **Baydoun "Stoppeur"** | Antoun Gemayel St. 03-372304 The place to go when your pretty dress or favorite pants is ripped and you need it invisibly but expensively repaired!
- F.2.2 **Electrical repairs** | 81-711088 Fadi Marmar is an electrical technician who takes emergency calls, speaks English and even repairs Air Conditioning units. The great thing is that he works in the late afternoon.
- F.2.3 Hani The Tailor | Nehme Yafet St.
 Hani has been working as a tailor in his workspace since the 80's. Ras Beirutis recommend him as efficient, punctual, and accurate. Besides all that, he has a wonderful spirit, makes funny jokes, and is very hospitable.
- F.2.4 **Hassan's Hardware** | Antoun Gemayel, 01-342411 Besides all sorts of hardware essentials, Hassan can also recommend reliable plumbers and others for household repairs.
- F.2.5 **Hisham Stouhi** | Cairo St. 01-738534 He does all types of alterations and repairs at a very reasonable price, but he speaks no English! Colisée Building, 3rd floor.

- F.2.6 **Jean Satjian Watch Repairs** | Mahatma Ghandi St. 01-739547 Mr. Jean Satjian offers friendly prompt watch repair and battery replacement service. He also sells watches, clocks, and jewelry.
- F.2.7 Maya Gold | Hamra St. 03-570399 Mr. Abdul Ghani Kobrosli repairs all kinds of jewelry and accessories and welds broken rings and earrings at reasonable prices.
- F.2.8 **Nader Shoes** | Jeanne d'Arc St. 01-347285, 70-008372 Mr. Nader repairs shoes, dyes leather and offers very good quality work.
- F.2.9 Ras Beirut Shoes Cobbler | Makhoul St.
 Since 1976, known as the expensive cobbler, Hajj Moustafa
 Mehdi is very dedicated to finish his work and does not
 like customers to distract him while working. So be fast in
 explaining your problem!
- F.2.10 Said Nader Leather repairs | 01-348347, 03-053496 Said Nader is the best for repairs of bags, belts and other leather goods. Opposite Café Younes, Hamra Center.
- F.2.11 Samir Haddad Electrical Repairs | Sidani St. 03-151053 Mr. Haddad repairs all electrical appliances in a classical music ambience! Opposite Socrate.
- F.2.12 Samuel Mozian Locksmith | Antoun Gemayel St. 01-343955, 03-810460

 Mr Mozian and his colleague Mike change locks and cut new keys. Opposite Decoratex.
- F.2.13 **Varoujan Khozian Cobbler** | Omar Daouk St. 76-476969 In his tiny shop in front of which his electrical motorcycle is always being charged, Varouj can fix almost any shoe and give it a new life for a very reasonable price.

F.3. FINANCE AND MAIL

- F.3.1 **Akkawi Services** | Najib Ardati St.
 They offer all types of services: money transfer, insurance policies, paying phone and water bills, getting legal documents, car rental, delivering packages and more.
- F.3.2 **Aramex** | Clemenceau St. 01-741538
- F.3.3 Liban Post | Makdessi St. Matta Bldg. 01-354706 www.libanpost.com/english/individuals Liban Post offers great service for national or international mail delivery, paying phone bills, private car "mechanique" fees, car parking tickets and many other services.
- F.3.4 **Nabil Shouman Exchange Co.** | Jeanne d'Arc St. 01-736801 Reda and Khaled warmly welcome you at this OMT western union money transfer and exchange place inside the Strand Bldg. They exchange money for good values.
- F.3.5 **Western Union** | Makdissi St. Opens 24/7
- F.3.6 **Western Union Credit Libanais** | Spears St. 01-391000

F.4. TRAVEL AGENCIES

- F.4.1 **Five Stars Tours** | Roosevelt St. 01-347773, 70-347773 Great for charter flights, travel packages, ticketing and hotel reservation. They offer local and private tours with family and student packages.
- F.4.2 **Ghazi Travel** | Bliss St. 01-365705 | www.ghazitravel.com Consult with Lilian for airline tickets and travel packages.
- F.4.3 **MEA office** | Clemenceau St. 01-628888 | www.mea.com.lb For any assistance regarding a Middle East Airlines flight reservation, head to the MEA office at Gefinor Center.
- F.4.4 **Tania Travel** | Sidani St. 01-739682, 03-686121 Consult with Mary Petrakian for airline tickets, travel packages and reasonable day tours in Lebanon.

F.5. PRINTING AND PHOTO SERVICES

- F.5.1 **Digital Horizon** | Jeanne d'Arc St. 01-744265 Photocopying, printing and binding, well known among AUB architecture and graphic design students for their good quality work, fast service and good prices.
- F.5.2 **Doculand** | Bliss St. 01-365025 | www.doculand.com.lb A print and copy center with a wide range of services including gift ideas, promotional items and office supplies.
- F.5.3 **Ghali Copy Center** | Jeanne d'Arc St. 01-365025 This printing center offers various printing and copying services in addition to a stationary section, all with great customer service.
- F.5.4 **Malik's** | Bliss St. 01-741975 ext. 221 | www.maliks.com Established by Malik Barakat in 1987, this was the first print and copy center on Bliss, now with a wide range of services including typing and translation, gift ideas and stationary.
- F.5.5 **Photo Naji** | Sadat St. 01-740474 Good for family photos, portraits, and passport photos.
- F.5.6 **The Printshop** | Makhoul St. 01-740474

 The Printshop is dedicated to professional printing, a favorite among architects, graphic designers and interior designers.

 Great and punctual service for commercial and corporate events.
- F.5.7 Palladium | Jeanne d'Arc St. 01-746778

 One of the oldest photo studios in the area. It moved across the street after the demolition of the historical palladium building. It is a photography Lab providing fine arts printing, hand-made framing, mounting, and professional scanning.
- F.5.8 **3ind Riad** | Makhoul St. 01-341079
 Riad's great hospitality complements his excellent
 and reasonably priced photocopying, printing and binding
 services. He sometimes extends his working hours to help
 finish projects on time!

F.6. TECHNOLOGY

F.6.1 **Chico** | Sidani St. 01-743855

Diran Mardirian and colleagues are movie buffs and have an excellent collection of art house, Hollywood, regional and educational films. They can also transfer from old tapes to DVD.

F.6.2 **Micro-city** | Leon St. 01-742223, 01-739941

www.gomicrocity.com

A good selection of laptops, printers and all computer accessories at very competitive prices. *You can recycle your electronic waste in their specialized bin.*

F.6.3 Micro-tech | Kalaa St. 01-800142

Moustapha Chaar runs this computer store with good prices and friendly customer service especially for maintenance and repairs, including data retrieval that can be lifesaving! You can recycle your electronic waste in their specialized bin.

F.6.4 **Phone Zone** | Jeanne d'Arc St. 01-365980, 71-339439, 03-415887 Mahmoud can fix your phone while Ayman handles your laptop!

F.7. NURSERIES

F.7.1 **Garderie 3 à 3 Chez Caroline** | Sadat St. 03-219145

www.de3a3chezcaroline.com

Caroline Saikali runs this very homey French spoken nursery for children aged from 3 months to three years.

F.7.2 Innocent Minds | Bliss - Maysalloun St. 01-360026

Sanayeh - Anis Tabbara St. 01-747995

www.innocentminds.com/en

This nursery follows the Maria Montessori system of education as well as other teaching methods in both English and French. Directed by Mrs. Maha Sabbagh, they offer high quality childcare for children aged 11 months to 4 years.

F.7.3 Nursery Kalila | Najib Ardati St. 01-747903, 70-816091 www.kalila-nursery.com/maison
A new pre-school and child care service in an adorable setting with a lovely garden for children aged 2 months to 3.5 years.

F.8. BEAUTY

- F.8.1 **Beauty Spa Sana** | Jeanne d'Arc St. 01-752323/4 Beauty Spa Sana is operated by Mrs. Sana Dimashkieh and her professional team of therapists.
- F.8.2 **Derma Care Clinic** | Sidani St. 01-737488 Call Adele for an appointment for a facial or a massage. The service is excellent.
- F.8.3 **Odile Salon** | Makdisi St. 01-345884 Odile is a long time French resident of Beirut, famous for good cuts and speaks only French. Next to Blom Bank.
- F.8.4 **Salon Nasri** | Makhoul St. 01-354883 Beauty women's hair salons favorite of the AUB community and they are good with children too.
- F.8.5 **Salon Safar** | Bliss St. 01-365979
 This small barbershop with a vintage blue framed vitrine was established in 1930 by Elias Safar, whose son Philippe now runs the shop. Among his clients are high-profile figures, ambassadors and the Presidents of AUB.

F.9. PHARMACIES

- F.9.1 **Abiad Pharmacy** | Makdisi St. 01-745593
- F.9.2 **City Pharmacy** | Hamra St. 01-349349 Well-stocked, newly renovated. Open 24/7.

- F.9.3 **College Pharmacy** | Kennedy St. 01-367900
- F.9.4 **Kaddoura Pharmacy** | Maamari St. 03-397145
- F.9.5 **Khayat Pharmacy** | Clemenceau St. 01-343385
- F.9.6 **Kutteh Pharmacy** | Sidani St. 01-342355, 01-347355
- F.9.7 **Richani Pharmacy** | Maamari St. 01-342831
- F.9.8 **Wardieh Pharmacy** | Sidani St. 01-751343, 03-179757 Wide range of products including cosmetics. Open 24/7

F.10. VETERINARIAN SERVICES

- F.10.1 Canicat Veterinary Clinic | Tannoukhiyen St. 03-904013, 01-736431

 A great clinic where the vets are very caring and professional. They offer regular care, special care in case of sickness, surgeries and operations, and great advice on pet care. They can also take care of your pets while you are away.
- F.10.2 **Pet Care** | Souraty St. 01-752343, 03-623083 Founded by Dr. Ali Hemade, their services include hospitalization, quarantine, surgery, X-Ray, Lab analysis, grooming, boarding and vaccination.
- F.10.3 **VIPet** Animal Center | Jeanne d'Arc St. 01-740 435, 81-206 000 This center offers many services including hospital services, boarding, dog training, grooming & bathing, and pet accessories.

F.11. HEALTH CARE

- F.11.1 AUBMC American University of Beirut Medical Center Maamari St. 01-350000 | www.aubmc.org
- F.11.2 **Bekhazi Medical Center** | Abdul Aziz St. 01-742140 www.bmg.com.lb
- F.11.3 **Children Cancer Center** | Clemenceau St. 01-351515, 70-351515

- F.11.4 Clemenceau Medical Center | Clemenceau St. 01-372888 www.cmc.com.lb
- F.11.5 Najjar Hospital | Mohammad Abdul Baki St. 01-340626
- F.11.6 Trad Hospital | America St. 01-366130 | www.hopitaltrad.com
- F.11.7 **Health Line Shop** | Cairo St. 01-351333, 01-752552 www.healthlineshop.com/eshop Health Line Shop is a distributor of healthcare products and medical equipment.

F.12. EMERGENCY

- F.12.1 **Lebanese Red Cross** | Spears St. 01-368681, Hotline 140 Call the Red Cross for emergency, blood donation, or ambulance support.
- F.12.2 Ras Beirut Police Station | Bliss St. 01-740942
 Hotline 01-736082
 Our very friendly police station was redesigned recently with a proper reception and a waiting room and they are ready to act upon any reported incident. They recently introduced the cool Corniche policemen on bikes!

F.13. F.13. Other Services

F.13.1

http://loopscooters.com/electric-scooter-sharing-service/
Do you want to move around the city without worrying about traffic? Then take a Loop electric scooter from the AUB-OSB gate at the Corniche or facing Urbanista on Bliss Street to any

Loop Scooters | OSB gate and Bliss Street

destination you want to reach in the city. Once you're done you can park at any Loop station, leave the helmet in the box, and walk away.

G. SHOPPING

G.1. CLOTHES AND ACCESSORIES

- G.1.1 Ants | Makhoul St. 03-184211

 This shop, especially popular with young people, has developed a cult following for its Indian clothes, ethnic beads and jewelry.
- G.1.2 **Ashekman** | Jeanne d'Arc St. 03-696941 | www.ashekman.com Twin brothers Mohamed and Omar Kabbani's store provides a range of street wear with creative graffiti prints based on the concept of reviving Arabic calligraphy with graffiti.
- G.1.3 **Barrak Naamani** | Sidani St. 71-358205 Barrak Naamani specializes in bespoke shirts and suits, but he has also become known in his neighborhood and beyond as an artist. He has developed a burgeoning side business of functional art made with antique discarded sewing machines.
- G.1.4 **Casa Ecuador** | Abdul Baki St. 01-742045, 03-811213 Home of the Panama hat, this store sells artwork, jewelry, and handicrafts imported all the way from Latin American. Open from 11 a.m. to 7 p.m.
- G.1.5 **Haber Sport** | Jeanne d'Arc St. 01-342434 A family business selling sports clothes and equipment since 1958.
- G.1.6 **Hallak Opticians** | Abdul Aziz St. 01-736765 High standard of eye care offering on site vision screening service and vast choice of frames.
- G.1.7 House on Mars | Abdul Aziz St. 01-749746

www.houseonmars.com

"A cornucopia of global delights", House on Mars is a great place for clothing, accessories, bracelets, anklets, bags, pins, and gift items. They also do piercings and tattoos.

- G.1.8 **Kalabsha** | Makdessi St. 01-352951 On the 4th floor of Abdul Baki Bldg. in Hamra, this shop sells beautifully hand-crafted designer clothing for women by local designer Loulwa Abdul Baki.
- G.1.9 **My Lord** | Jeanne d'Arc St. 01-342207 A wide variety of men's clothing including quality shirts, pants and suits. A favorite among AUB professors.
- G.1.10 **NK by Nour Kays** | Makdisi St., Matta Bldg. 71-479930 NK is a conscious fashion accessories brand, made in Lebanon. The brand was born 4 years ago when Nour decided to find a solution for the discarded plastic bags in Beirut. This resulted in a line of bags and pouches that are handmade, locally produced, water resistant, light, durable and made of waste.
- G.1.11 **Space Vision Eyeglasses** | Abdul Aziz St. 01-353126 Rana and Ali Ajouz help you choose from a good selection of eye glasses and offer prompt prescription service.

G.2. ARTISANAT AND HANDCRAFTS

- G.2.1 Al-Badia | Makdisi St. 01-746430 A great selection of cushion covers, purses and shawls with Palestinian embroidery produced by women in the Palestinian camps of Lebanon.
- G.2.2 Amir | Hamra St. 01-345968

 This oriental little shop offers a variety of hand crafted items from accessories, clothing, shawls, and fabric and much more with a great range of prices.
- G.2.3 Artisans Du Liban et d'Orient | Ain El Mreisseh 01-362610 High end Lebanese one-of-a-kind handicrafts, clothes, footwear and jewelry in this 30 year old hidden shop on the Corniche with amazing displays and a superb sea view.

G.2.4 **Ashghalouna** | Zarif St. 01-361225

A women empowerment program recruiting underprivileged women predominantly widowed for skill training. You can find custom made embroidered towels, bathrobes, cushions and a variety of handmade products. Weekly home-made lunch is offered every Friday.

G.2.5 **Barjis** | Hamra St. 01-350933, 03-210348

www.barjisdesign.com

Fabrics come to life in the blooming artwork created by Lebanese owner/designer Hala Habib from original furniture, to home accessories and gifts including the famous popular barjis game.

- G.2.6 **Ecosouk** | Antoun Gemayel Street. 71-131115

 EcoSouk is the Middle East's first zero waste store that connects consumers, eco conscious producers, and material suppliers towards regenerative design. You can find all natural/ sustainable/upcylced beauty, kitchen, lifestyle, toys, bathroom, bags, healing and artistic products.
- G.2.7 Hamra Vintage | Antoun Gemayel St. 71-499722 A vintage store with antiques and vintage items including old cinema posters.
- G.2.8 Henry's Handmade | Hamra St. 03-854671
 For all accessory lovers, Henry Loussian himself makes unique bracelets, earrings, anklets, necklaces, rings and key chains with a sense of identity and patriotism. You can even ask for a personalized inscription for a special gift.
- G.2.9 **Hodaj** | Nehme Jafet St. 01-340659
 This shop sells affordable handicrafts from around the world, but notably Palestinian pottery and Syrian scarves. Check the next door no-name toy shop with all the plastic fantastic cheap toys.

- G.2.10 Inaash | Off Sidani St. 01-740609 | www.inaash.org/index.php Hidden in an alley at the beginning of the street, you can find the most elegant and pricey of the Palestinian embroidery projects, specializing in modern designs and colors on jackets and shawls as well as clutches and trays.
- G.2.11 **Kudu for Arts** | Rome St. 01-363070 | www.kuduforarts.com Maher Darwiche specializes in sandblasting Arabic calligraphy on glass cups and glasses. You can order your own tea set with your name! Great for a personalized gift.
- G.2.12 Khan Al Saboun-Bader Hassoun and sons | Makdisi Street.
 01-751343
 Khan Al Saboun, a branch to the Saida center, is one of the most important soap producers in the region. They specialize in all types of soap and have recently started an ecological
- G.2.13 L'Artisan du Liban | Clemenceau St. 01-564907
 www.lartisanduliban.com
 Basic handicrafts and inexpensive gifts and souvenirs.
 Opposite the Ecole Superieure des Affaires.

production campaign.

- G.2.14 Life in Color | Antoun Gemayel St. 03-812493

 Azmi Kawwas, a life time friend of the famous Lebanese artist

 Hussein Madi, sells T-shirts and cushions with prints of the

 artist's signature paintings alongside textiles and cushions

 from all over the world. He also makes custom pillows
 and furniture upholstery.
- G.2.15 **Maison de L'Artisan** | Corniche Ain El Mreisseh, 01-368461, 01-368488 | www.mda.gov.lb

 Souvenirs and handicrafts by Lebanese artisans in a beautiful exhibition space right by the sea.
- G.2.16 **Massabeh** | Jeanne d'Arc St. 01-744272 A legacy profession from Cheikho Remmo to his beloved son Samir Remmo. A shop selling all kinds of genuine massabeh (prayer beads), bracelets, necklaces, gemstones, silver, gold and other antique items.

- G.2.17 **Orient 499** | Omar Daouk St. 01-369499

 This elegant and expensive shop is an aesthetic treasure where you should go even if just to enjoy the beautiful space and exquisite products. Despite first appearances, it is possible to find affordable items. Opposite the Holiday Inn Hotel.
- G.2.18 **Waw Design** | Kennedy St. 01-379099 | www.wawdesigns.com This unique concept store showcases hand painted and hand engraved home accessories as well as women's and children's clothing and accessories designed by the WAW Design team and proudly executed by local artisans in Lebanon.

G.3. GIFTS, GADGETS & MUSICAL INSTRUMENTS

- G.3.1 **Bargain Box** | AUB Women's auxiliary Next to Saab Medical Library

 Opens its doors to sell used items like jewels, books, clothing, bags, and appliances which they receive as donations. These are sold to raise funds for needy children in the care of the Pediatrics Department. It is run by "ladies in pink" who volunteer as active members in the Women's Auxiliary of AUB.
- G.3.2 **Chahine SAL** | America St. 01-361992 All kinds of musical instruments as well as recommendations for teachers and repairs.
- G.3.3 **Dany Wool** | Makdisi St. 01-347743, 71-474653 This shop is famous for costumes for all occasions, as well as gadgets and gifts and a large collection of wool for knitting.
- G.3.4 **Electro Music shop** | Abdul Aziz St. 03-361049, 01-341790 Open since 1970 as a family business, this little shop offers a great collection of musical instruments from guitars, oud, violins, keyboards, drums, and many others.
- G.3.5 **Football Shop** | Makdisi St. 01-739908 A specialty football store for the true fan selling everything from authentic team jerseys to team key chains, bags, towels and more.

- G.3.6 **Gift Mania** | Bliss St. 03-019303, 01-379788 A collectibles shop, from anime figurines and merchandise all the way from the East, to action figures, posters, swords, T-shirts and memorabilia from favorite cartoons and movies.
- G.3.7 **Joyce's** | Cairo St. 01-341027, 03-220593 A gift shop with a range of home accessories and baby gifts. They are famous for their hand painted personalized porcelain sets and mugs.
- G.3.8 **Peer** | Bliss St. 01-370031
 This concept store has trendy gifts, WASTE bags made from recycled banners and D&D handmade accessories whose revenues are channeled towards supporting underprivileged families in Lebanon.
- G.3.9 **Wild Willy Toys** | Souraty St. 01-741809 At this local toy store established in 1985, Anto is your friendly and helpful toy advisor to help you choose amongst a great variety of toys for all ages.

H. CULTURAL

H.1. BOOKS AND STATIONARY

- H.1.1 **Antoine Library** | Hamra St. 01-341470 The most extensive selection of books and magazines in Beirut.
- H.1.2 **Ayad's Bookshop** | Nehme Yafet St. 01-346383, 03-234753 A treasure trove with a large and varied selection including old rare books.
- H.1.3 **Bissan Library** | Mahatma Ghandi St. 01-351291 Bissan Library is a modest library known for its huge collection of Arabic books of all kinds.

- H.1.4 **Book Bazar** | Sidani St. 01-740072, 03-910383 This old book shop buys and sells used books. The owner can be contacted through WhatsApp if you are looking for a book or planning to sell one.
- H.1.5 **Books and Pens** | Jeanne d'Arc St. 01-741975 ext. 126
- H.1.6 **City Stationary** | Jeanne d'Arc St. 01-354352 A small shop with a comprehensive range of art paper and art supplies. Ali is very helpful and offers knowledgeable advice.
- H.1.7 **Diabco Stationary** | Tannoukiyen St. 01-739439 Hussein Diab and his super helpful son Ali run this cavernous basement of school, office and art supplies.
- H.1.8 **Gilar Bookshop** | Hamra St. 01-343101 A friendly stationery store with a wide range of local and imported items.
- H.1.9 Librairie du Liban Publishers | Bliss St. 01-373204 www.ldlp.com
 Their publications include the popular Ladybird series of children stories in English and Arabic.
- H.1.10 **Librarie Internationale** | Clemenceau St. 01-43285 Antranik Helvadjian has an especially good collection of ME politics, art/design and cook books. There is always classical music in the background. Gefinor Center next to MEA.
- H.1.11 **The Little Bookshop** | Basra St. 03-833493, 01-740270 A charming small shop offering a very personal book shopping experience. An eclectic selection of literature, poetry, English fiction and politics picked by owner Adib Rahhal outside of the mainstream offerings.

H.2. ART GALLERIES

- H.2.1 Abboudi Abou Jawde Posters | Mansour Jurdak St. 03-722411 https://artandculturetoday.wordpress.com/design/graphic-design/abboudi-abou-jaoude-the-visionary-vintage-film-poster-collector/Abboudi has been desscribes as a visionary vintage film poster collector. He has been collecting vintage posters since 1970s. His collection includes over 20,000 pieces, all well maintained and preserved in his shop. Visit his place to experience the magic of the vintage cinema and appreciate all the effort and passion Abboudi has put to realize this beautiful dream.
- H.2.2 **Agial Gallery** | Abdul Aziz St. 01-345213 | www.agialart.com This gallery owned by Saleh Barakat showcases a broad spectrum of regional art, from the most established to promising emerging artists. The permanent collection of the gallery is host to an important historical survey of Middle Eastern art.
- H.2.3 ArtSpace Hamra | Cairo St. 01-736516, 76-703572 www.artspacehamra.com

 Artspace Hamra is home to both a commercial art gallery and a nonprofit organization which supports non-commercial art projects and events.
- H.2.4 Dar El-Nimer for Arts and Culture | America St. 01-367013 www.darelnimer.org/en
 Founded by art collector Rami El-Nimer, this is an interactive art and cultural space dedicated to historical, modern, and contemporary cultural productions from Palestine and the Levant. Alongside annual exhibitions, the space is open for lectures and discussion panels, film-screenings, musical performances, theatre and workshops.
- H.2.5 **Gallery Janine Rubeiz** | Raouche St. 01-868290 This gallery is worth visiting for its excellent shows, interesting collection and great openings.
- H.2.6 **Letitia** | Roosevelt St. 01-353222 A new art gallery that offers an interesting collection of contemporary paintings and sculptures.

- H.2.7 Ministry of Tourism, Glass Hall | Hamra St.

 The Glass Hall at the Ministry of Tourism has pamphlets and brochures about Lebanese cities and mountain trails, and is occasionally open for exhibitions and installations. The Ministry has an impressive photo archive that can be consulted.
- H.2.8 **Saleh Barakat Gallery** | Clemenceau St. 01-365615 www.agialart.com
 The new Saleh Barakat Gallery is in one of Beirut's en

The new Saleh Barakat Gallery is in one of Beirut's emblematic historical cultural locations, the former Cinema Clemenceau - later Masrah Al-Madina, that is now transformed into a truly modern art gallery by today's best professional standards.

H.2.9 **Zaman Art Gallery** | Sadat St. 01-745571 An older gallery featuring Middle Eastern artists in a small alley off Sadat Street, south of Hamra.

H.3. THEATERS

- H.3.1 **Masrah al-Madina/Madina Theatre** | Hamra St. 01-753011 A Hamra institution, the first 1960s movie complex to be renovated post-War for use as exhibition space and theatre for music, theatre and dance performances.
- H.3.2 **Metro Madina** | Hamra St. 01-76309363 | www.metromadina.com A theater hall for performances and concerts with a friendly cocktail bar to enjoy a drink and a bite before the show. Check out their after-party dance nights.

H.4. ALTERNATIVE

H.4.1 **Antwork** | Spears St. 01-345645 | www.antwork.com
Fostering a new work culture, Antwork is enabling agile
workspaces in the form of open spaces, shared desk spaces
and flexible private offices with smart tools, seamless services
and evolving programs. Kitchenlab cooking classes too!

- H.4.2 Art of Change Studio | Hamra St. 03-907360, 78-867786
 The Studio offers artists a beautiful naturally day-lit space to work and develop their creative ideas with in-house art printing facilities. The 150sqm open space is an ideal venue for workshops, classes, and small events. Find them on the 3rd floor of the Assaf Building that features the "Eternal Sabah" mural by artist Yazan Halwani. The Art Of Change Studio overlooks two giant urban art murals initiated by Art Of Change movement that started by Ahla Fawda in partnership with WhereTheresWalls.
- H.4.3 **AUB Alumni Club** | Rome St. 01-363445 | alumni.aub.edu.lb The Worldwide Alumni Association of AUB (WAAAUB), which includes a growing number of alumni chapters and branches around the world, represents AUB alumni who play a critically important role at the University.
- H.4.4 **Dar Al Moussawir** | Rome St. 01-373347 | www.zakira.org This is a prime hub for photography in Beirut offering photography training programs, equipment, exhibitions and lectures in a charming traditional old building.
- H.4.5 **Irab Association for Arabic Music** | Abdul Minhem Riad St. 03-284715

Basel Kassem, founded this N.G.O. and he himself is a walking archive of Arabic music heritage. 3600 hours of music dating from 1930 to 1945 were migrated from analog to digital technology and archived on special software. In his cluttered shop/office, he can make you a CD copy of rare Arabic music and songs. He is not always there so you better call him first.

H.4.6 **Mansion** | (Off the Map) Zokak El Blatt, Abdul Kader St. 03-412659

A multi-purpose collective space, hosting film screenings, discussions, performances and exhibitions for the public, as well as offering 10 working studios for permanent residents. A library and reading space is open for public use. There is also a silk-screen print station, a sound studio, and on the second level, hot desks welcoming short-time users and a large wooden floor regularly hosting dance and theatre rehearsals, performances and yoga classes.

- H.4.7 Moadieh Evangelical Center | Abdul Baki Street. 01-742517 Moadieh Evangelical Center provides quality assisted living for the community's semi-independent elderly in a congenial atmosphere of trust, mutual respect and regard for personal dignity.
- H.4.8 **Zico House** | Spears St. 03-810688 | www.zicohouse.org
 This beautiful heritage house near the Sanayeh public garden
 has an exhibition space, garden café and bar and offices of
 NGOs such as the Food Heritage Foundation, Laban Interactive
 Theater Association and Bayt Al Arabi, the fast way to learn
 Arabic in an interactive manner.

I. ACTIVITIES AND RECREATION

I.1.1 Ain El Mreisseh Fishermen's Port | Graham St. 03-977870
Fisherman Adnan El-Oud arranges for boat trips and charges
50\$ for 5 passengers. The tour starts from Ain El Mreisseh Port
all the way to Manara reaching Raouche and Dalieh and takes
approximately an hour. For a 100\$, Adnan will give you a long
relaxed tour where you can listen to Dictaphone's "The Sea is
Mine" audio recording on the illegal developments along the
coast of Beirut.

www.dictaphonegroup.com/work/this-sea-is-mine

- I.1.2 Artbeat | Bekhazi St. 03-681133 Artbeat offers a variety of artistic classes in a relaxed, child friendly and cool environment including painting, drawing, coloring, as well as ceramics & crafts.
- I.1.3 **Banque du Liban Museum** | Hamra St. | www.bdl.gov.lb A captivating museum of the history of banknotes and coins in Lebanon and the region.
- I.1.4 Beirut by Bike | Graham St. 01-365524, 03-435524, 71-435524
 You can drop by Beirut by Bike in Ain El Mreisseh and rent a bike to ride around the Corniche or anywhere in the city. They also have specialists for bike repair and have another rental shop on the Corniche near Marrouche. Open daily from 7am to 12am
- I.1.5 **Body Care Club** | Hamra St. 01-746830, 03-063345 Soha Rebeiz offers great aromatherapy while Emma Ghanem offers stretching and Yoga classes as well as personal training in a cozy and relaxing atmosphere. Broadway Center, 4th Floor.
- I.1.6 **Contours** | Clemenceau St. 01-361520, 03-843000 www.contours-wellness.com
 A leading Pilates, Kinesis and personal training studio with a special discount for AUB.
- I.1.7 Dalieh Fishermen's Port | Corniche el Raouche 03-696876
 Dalieh fisherman Abou Adal (Amer Mahfouz) offers tours in
 his fishing boat with capacity up to 20 people from Dalieh to
 Sporting Club including the Raouche Rock and the caves in the
 cliffs. He charges 5,000 L.L 10,000 per person depending on
 the number of people interested in the tour.
- I.1.8 **Houna Holistic Center** | Hamra St. 03-936350 www.hounacenter.com They offer Yoga, Tai Chi, Pilates, Barre, Zumba, Capoeira, Dance, Massage therapy and Art classes and workshops.

1.1.9 **Jall el Bahr Fishermen's Port**

Corniche facing Riviera Hotel 03-046282 Fisherman Abdo's boat is licensed for fishing, diving and boat tours and is equipped with life jackets. He can take you to Raouche and back ,capacity up to ten people, for 10,000 L.L. each or for a longer tour all the way to St. Georges Hotel for a 100\$.

I.1.10 **Multiverse Board Games** | Emile Edde St. 01-741148 www.multiverselb.com

Multiverse is a super fun board game café and a pop culture store for card games, collectibles, original art, and a variety of other fantasy, anime, manga, science-fiction and comics merchandise.

I.1.11 **Pool d'Etat – Hamra Urban Gardens** | Abdul Baki St. 03-786977 www.hamragardens.com/en/rooftop

A pool in a rooftop oasis where you can swim, drink and eat with friends and family. A great way of getting away from it all while still being smack in the middle of it!

I.1.12 **Score Bowling Center** | Hamra St. 01-751127 If you enjoy bowling, this is the right place to go for some entertainment with friends or family. You can take one of their standard packages or customize your own.

I.1.13 **The Art Workshop** | Adonis St. 01-749646

www.theartworkshop.net

Lebanese artist Omayma Soubra has designed a varied program of artistic courses (painting, drawing, pottery, calligraphy, mosaics...).

Waste Sorting and Recycling

• Glass recycling bins

If you wish to recycle glass, two glass recycling bins are available, one on Abdul Aziz, facing Golden Tulip Hotel, and one just at the corner of the AUB Medical Gate.

• Electronic waste recycling bins

You can drop your electronic waste in Ecoserv's recycling bins at Microtech store, Qoraytem, or Microcity, Hamra.

• Urban Cigarette-Waste Receptacle

These urban ashtrays, designed by Adrian Muller, are installed around the AUB campus and in the neighborhood, to reduce littering and thus limit the amount of cigarette-waste that makes its way into Lebanon's already strained ecology.

Recommendations for online service websites

- To navigate Beirut through an innovative interactive map: www.zawarib.org
- To place free ads to sell and buy anything you can think of: www.olxliban.com
- To search for cars, real estate, jobs and furniture: lb.waseet.net/en/site/beirut/offers
- To post second hand items for sale on a Facebook page with around 50,000 members:

www.facebook.com/groups/therealsecondhandbeirut

- To search and get reviews for Restaurants: www.zomato.com/beirut
- To find properties for rent or advertise your property: www.facebook.com/groups/beirutapartments

Recommendations for activities and walks in Ras Beirut

• Visit the **AUB Archaeological Museum**, the third oldest museum in the Middle East. It is a must!

- Go to the Biology Building and visit the **AUB Natural History Museum** with great animal and marine collections and the **Post Herbarium**, the only herbarium in Lebanon with more than 20,000 plant specimens.
- Take a tour of AUB with one of the **AUBotanic** guides to learn about the various trees and plants. If interested in volunteering, apply to the Docent program to become a guide yourself.
- Take a walk with your kids on campus, download a QR code reader and check the **AUBotanic** information plates hanging on our trees and plants.
- Discover the modern sculptures we have on campus:
 - » The majestic stone sculpture "Poem in Four Verses" by our pioneer abstract artist and sculptor Saloua Raouda Choucair (1916–2017) that is nestled under the trees on the grass terrace below the Assembly Hall. Created in the sixties and executed in 2015, this piece is made of interlocking elements that are integrated to form a complete visual structure, yet each piece can stand alone and has a seperate meaning like the verses of an Arabic poem.
 - » The cedar wood typographic sculpture of AUB in arabic script placed in the Mary Dodge Hall Plaza designed by Kameel Hawwa, an AUB Alumnus and calligraphy artist.
- Just round the corner from the Medical Gate, check the amazing 19th century **Sinno House** with its engraved marble triple arches and arcaded galleria, then take the **Van Dyck Stairway** facing it down to Ain El Mreisseh to visit the **Fishermen's Port** and enjoy the delicious fresh catch of the day.
- On John Kennedy Street, take the renovated Ain El Mreisseh
 Stairway, where you will find Le Souffleur, an urban acoustic
 intervention that was installed on the occasion of the first Week
 of Sound in Beirut. There you will notice a white washed two floor
 house with an open staircase and a lovely terrace filled with jasmine
 and gardenia trees, brass antique lamps and bird cages. On the
 second floor, you can see a sign that reads "Souffleur". This is
 Ibrahim Najem's house-turned-museum where his vast collection

of seashells, stuffed fish, antique diving suits, coins and treasures found during his many diving adventures is kept, including wreckage from Le Souffleur, the French submarine that was hit by a torpedo in 1941 and sank off the shores of Beirut. Sadly, Ibrahim died in July 2017, leaving behind his 40-year-old collection of underwater marvels and antiques in addition to a rare photographic archive that documents the history of Ain El Mreisseh and its people. Please call his lovely sister Nawal or his brother Adel on **01-365813** to check if you can visit for a small fee.

http://picdeer.com/souffleur_museum

- On Abdul Aziz Street, you can donate clothes and shoes to the needy. Just hang them on our Wall of Kindness!
- Take a walk along Hamra Street to experience the hustle and bustle of this commercial hub, check out the beautiful urban street art curated by **Ahla Fawda Art of Change**, a movement in partnership with London based WhereTheresWalls. Hamra Street has been described as an open-air gallery as a result of giant urban art murals: Start your walk with Yazan Halawani's iconic mural "Eternal Sabah" on the Assaf Building, check the two works by Diane Halabi on the parking entrance walls facing you, in the same area you will find a cool mural in Blue, "Single Man", by Jad Khoury and two Murals on the Massabki-Serhal building, interpreting the contrasts, diversity and unity of Beirut, by Elias Zaarour alias "zed40", and Karim Tamerji. Also along Hamra Street, two major urban art pieces are worth seeing. Step into **Farah Center** facing Antoine Bookshop to discover the amazing ceramic mural by the late Lebanese sculptor **Dorothy** Salhab Kazemi, then check the massive mural by Chilean artist Inti **El Caudillo**. The latest Art Of Change mural is strategically located at the end of Hamra Street, titled "Hassan El Mobayed" by artist Simple **G.** The mural portrays the traditional copper polishing craftsmanship "Mobayedeen" and hangs on the facade of the building owned by the Shehab family, and the children of **Abdul Razak Shehab**- Ras Beirut's last "Mobayed". It is an homage to the craft that has since been lost and the skill and labor of the Shehab men who dedicated years of their life to this historical tradition.

 Walk around the neighborhood and discover the different urban interventions curated by the AUB Neighborhood Initiative to engage the community and activate public spaces, many of which were launched during events such as Beirut Design week 2018, Week of Sound 2019, and Beirut Design week 2019:

» Butt Bollard by Adrian Muller

If you are a smoker, please use the **cigarette butt recycling receptacles** placed near all the AUB campus gates and AUBMC entrances as well as on Jeanne d'Arc Street. These urban ashtrays were designed by our Alumnus Adrian Muller for the AUB Neighborhood Initiative and the AUB Tobacco-Free Task Force to reduce littering and thus limit the amount of cigarette-waste that makes its way into Lebanon's already strained ecology. In partnership with Recycle Lebanon, the collected butts will be recycled into paddle boards that will in turn be used for beach clean ups.

» Beirut <3 Play</p> by Catalytic Action

Jeanne d'Arc Street (between Makhoul and Sidani)
This is a design intervention that engaged with the residents of
Jeanne d'Arc Street in different activities around the topic of Play
in the city. The result is a playful addition to the neighbourhood's
fabric, a colourful mural reminding the people that their
participation is crucial in shaping their environment and that play
is important for all ages.

» Conditioned

by AUB - MSFEA - Department of Architecture and Design

With so much damage being done to our environment and so many resources being wasted, it is imperative that we re-use and recycle what we have, with water being no exception. This self-watering plant system makes use of the AC's drain pipes to irrigate the budding plants within the street interventions designed by the students, adding a new life to our neighborhood. The different designs address sustainability, recycling, awareness and greening to better serve the community.

» Little Bricks, Big Message by Dispatch Beirut

This urban art initiative aims at highlighting forgotten heritage and patching up traces of the war around the city, using Lego bricks, hinting at childhood and play, and symbolically representing larger construction blocks. We will shed light on the rich heritage, nature and culture in and around Jeanne D'arc street, a form of reclaiming the street and protesting to preserve heritage and cultural sites in the new urban design fabric.

» Red Reading Hood

by **District D** "Let's give and take books" leanne d'Arc St. - Sidani intersection

This free library on Jeanne d'Arc St. aims to inspire a love of reading and strengthen community ties by encouraging book exchange around the city. It increases access to books for readers of all ages and backgrounds.

Anyone passing by can take a book to read or leave a book for someone else to read.

» Trees & Birds in & around Jeanne d'Arc St.

by Greener-ontheotherside

This project is an invitation to honor and value the presence of nature, birds and trees in the streets of Beirut. Pick up the map from our Neighborhood Initiative office and followit to discover the distinct character of this neighborhood, with amazing large specimen trees scattered around, creating various opportunities for life on the street.

Take time to notice the tags, scan the QR codes, read the stories, history, origins, and benefits of Beirut's awesome trees. Listen to the sound of the birds, read about the ecosystems thriving in the trees and discover the stories of people appropriating spaces around them.

» Deconstructing Spaces by The Chain Effect

Abdul Aziz St.

This first public bicycle parking station in Ras Beirut seeks to break the omnipresent car-centric culture in our city. This pilot project aims to lead to implementing bike parking facilities in the Hamra neighborhood and eventually in Beirut. The bicycle racks have a dual purpose of providing safe, accessible parking to people using bicycles in Beirut, and of giving bicycles space on the streets. Through making bike parking available in key locations around the city, we aim to make cycling for mobility more visible and more legitimate, both to current bicycle users and to the general public.

» Le Souffleur

by **District d**

Music composition by Nadim Mishlawi and Budhaditya Chattopadhyay.

Ain El Mreisseh Stairs - Van Dyck Street

Le Souffleur is an urban acoustic intervention, designed by Dirstrict d. that aims to reactivate the Ain El Mreisseh Stairs as a public space in the city. The project is inspired from Ibrahim Najem's story, the fisherman who yearned to bring the stories of the sea to Ras Beirut by collecting throughout the years Le Souffleur submarine wreckage and sea marvels and showing them in his house. Le Souffleur manifests itself through two main schemes, a replica of Ibrahim Najem's gramophone with a music composition including live streaming of the sound of the waves from the Ain El Mreisseh port and under water recordings, aiming to reconnect this part of the city to the sea through sound, a network of tele-pipelines that people and especially children can use to talk to each other, bridging sound along different levels, connecting people while adding an element of play and a sensory dimension to the Ain El Mreisseh stairs. The intervention was made possible with the great support of our neighbors in Ain El Mreisseh.

» Sparkle

by Catalytic Action

Ras Beirut Public School - Sidani Street
Sparkle is a participatory art installation by Catalytic Action charity in partnership with The Neighborhood Initiative at the American University of Beirut. The design aims to shine on the

importance of students' participation in the shaping of their educational environment. Students from Ras Beirut Al-Horj Public School participated in a workshop where they expressed themselves through drawing on a ceramic tile that is installed permanently on the school wall. The colorful mural adds a Sparkle to the school entrance.

» Public Tawleh by Ramzi Alieh

Jeanne d'Arc Street - Makhoul intersection
In Beirut, playing tawleh in public is ephemeral. Often made up of an array of plastic seats and mesh stools, the scene is here today gone tomorrow. Acting as a social instigator, the tawleh board sits in the center of this makeshift space. As the game draws to an end, seats and stools are packed and the tawleh board, folded up and stowed, is what remains of a game publicly played. Public Tawleh aims to provide a permanent infrastructure for a common practice. Utilizing resilient materials and latching onto existing seats, the board presents a constant platform for interactions that are integral to Beirut's socio-cultural identity.

- Enjoy an early morning run on the **Corniche** or an afternoon stroll with a thyme **Kaake.**
- Ride the ferris wheel in the Manara Luna Park for a bird's eye view
 of Beirut, then enjoy a mint tea in Rawda Café. You can continue to
 watch the sunset over a cup of coffee or a Lebanese dinner in the
 Sporting Club on the terrace overlooking the sea, watching people
 basking in the sun or swimming in the pools.
- Grab a kunafé in a Kaake from Ahmad Aouni Hallab Sweets facing
 the Raouche Pigeon Rocks, then cross the Corniche and take a walk
 down to Dalieh, fly a kite or just experience looking back at the
 city from the natural rocky shore. Note the flint formations on the
 rocks as this was a Stone Age flint tool factory. A boat ride through
 Raouche and into the caves is an unforgettable experience.
- Discover the two Love Thy Neighbor NOT! Buildings:

- » The **Grudge Building** in Manara is the thinnest building you can come across in the city, the edge of which is no wider than one meter. It was built by one brother to block his brother's property's sea view. Read the full story here:
 www.jadaliyya.com/pages/index/17430/inhabiting-a-grudge
- » The **Kettaneh Building** in May Ziadeh Street is one of the most beautiful heritage buildings in Clemenceau with its twin circular colonnaded balconies and corner turret. But, it is also the only one with a four storey high free standing wall that was built to block the neighbors' from looking onto the garden.
- From the Grudge Building in Manara, walk to the Lighthouse, and if Victor Chebli is there, you can ask him to go up and have a bird's eye view onto the city. When you go down, do not forget to check out the Pink House with its pretty arcades, a legendary landmark soon to be renovated by the Jaroudi family.
 365daysoflebanon.com/2016/07/27/beiruts-old-manara
 - 365daysoflebanon.com/2016/07/27/beiruts-old-manara www.independent.co.uk/voices/restoring-beirut-s-pink-house-is-a-cheering-idea-amid-destruction-a6817751.html
- Take your kids to ride their bikes around the Sanayeh Garden,
 preferably on weekdays as weekends are overcrowded. Check out the
 newly renovated eclectic building next to the small mosque, with its
 unique façade that resembles a wooden toy block construction with
 black and white checkered tile patterns and decorative brick panels.
- Discover the Basta Antiques Market, though off the map, where you
 get lost in vintage items and art deco furniture. While in the area,
 visit with your kids the Assabil Municipal Public Library for a great
 story telling session. You can also visit the Bachoura Cemetery for a
 serene walk in one of the oldest cemeteries in the city.
- Walk around Ras Beirut following the trails on the online map to discover some shortcuts, urban stairs and hidden architectural treasures in Ain El Mreisseh, Clemenceau and Zokak el Blatt:
 - » In Ain El Mreisseh, on Omar Daouk Street, you cannot miss the lovely Said Junblat Palace with its lush gardens filled with gardenia trees and white gazebo overlooking the street. Just up

the road from the palace, discover the 19th century **Ladki House** with its sandstone walls, unique tower, elegant triple arches, red tiled roof and spiral stone staircase wrapping around the old cypress tree. You should try going down to **Dabbous Street** using the improvised stairway made by **Varouj** - the cobbler - out of old wooden shutters and reused planks. Once there, check **Varouj**'s creative handmade surveillance system of mirrors!

- » In Clemenceau, walk down May Ziadeh Street to discover one of the few remaining heritage clusters in Ras Beirut: the renovated Haigazian University Bldg., the two beautiful pink French mandate buildings (one original and one renovated) and the beautiful Art Deco Kettaneh Building with its free standing wall. Continue down the Daouk Descent to check out the amazing yellow heritage Daouk Building with its colored glass windows and one-of-a-kind corner turret, and the imposing Red Daouk Palace down on Omar Daouk Street.
- » In Zokak el Blatt, facing the mosque, check out the tallest heritage building in Beirut, six floors of beautiful arcaded balconies and unique architecture. As Maurice Barres Street wraps around, you can see the beautiful pink French Mandate officers' buildings. Then head towards Ichkanian Bakery, grab a delicious Armenian Lahm bi ajeen with the Ayran yoghurt drink, discover the 200 year old Ziadeh, Heneine and Akar Palaces, and walk up to relax in Mansion's garden under the Jacaranda tree.
- Check this interesting photo essay and video on Ras Beirut by Hossein Shahidi iranian.com/main/blog/hossein-shahidi/my-friends-ras-beirut.html
- Watch Mahmoud Hojeij's excellent documentary "Memories of Ras Beirut, Wish You Were Here" www.youtube.com/watch?v=0kArlT6nbsw

